



RESOURCES

INFORMATION & SUPPORT

Featured Resource: **This Is Living With Cancer™**, developed by Pfizer Oncology, is a program developed to support all people in their cancer journey. It features tools to help people living with cancer live life beyond their diagnosis. Create a profile to get personalized support and resources designed to fit your needs. **LivingWith®** is a free app designed to help manage life with cancer.

thisislivingwithcancer.com

African American Breast Cancer Alliance is a local non-profit organization that focuses on educating and supporting African Americans in their journeys with breast cancer and survivorship. They have a variety of resources on their website and also host an in-person support group. 612-462-6813

aabcainc.org

American Cancer Society is a leading cancer-fighting organization that focuses on improving the lives of people with cancer and their families through advocacy, research and patient support. 800-227-2345

www.cancer.org

American Cancer Society - Road to Recovery If you are facing cancer and need rides to treatment, call 1-800-227-2345 to find out if there are Road To Recovery drivers available in your area.

cancer.org/road-to-recovery

American Cancer Society - Hope Lodge communities across the country provide a free place to stay during treatment so people with cancer can focus on getting better. 800-227-2345

cancer.org/hope-lodge

The **American Indian Cancer Foundation (AICAF)** is a national non-profit organization that was established to address the tremendous cancer inequities faced by Native communities. AICAF is Native-governed and has an array of experience serving the health needs of our people. 612-484-9670

americanindiancancer.org

Angel Foundation's mission is to offer relief to Minnesota cancer patients and their loved ones through financial assistance, education, and emotional support. 612-627-9000 mnangel.org

Breast Cancer Education Association connects people with support resources and shares the latest information on breast cancer research, treatment options, nutrition and care. 651-487-3578

breastcancereducation.org

Brighter Days Family Grief Center provides a private and compassionate space for individuals anticipating or enduring the death of a family member. They offer access to professional resources and provide connection to others through peer-based events and activities. 952-303-3873

brighterdaysgriefcenter.org



Cancer and Careers empowers and educates people with cancer to thrive in their workplace, by providing expert advice, interactive tools and educational events. 646-929-8032 cancerandcareers.org

CancerCare is a national organization dedicated to providing free, professional support services including resource navigation, counseling, support groups, educational workshops, publications and financial assistance. 800-813-4673 cancercare.org

Cancer Legal Care is a Minnesota resource for information about workplace issues, finances and resources to minimize financial stress during treatment. A large percentage of their clients are women with metastatic breast cancer. 651-917-9000 cancerlegalcare.org

Cancer Support Community is a global non-profit network, including CSC and Gilda's Club centers, that delivers free support and services to patients and families. 888-793-9355 cancersupportcommunity.org

Comfort Club is a Minnesota Christian faith-based support group. The leader of the group, Diane Erickson, is a Firefly Sisterhood Guide. Comfort Club itself operates independently and is not affiliated with any non-profit or clinical group. Contact Diane directly at 612-747-5969 or djerickson@me.com

Facing Our Risk of Cancer Empowered (FORCE) Our mission is to improve the lives of individuals and families facing hereditary cancer. 866-288-7475 facingourrisk.org

Gilda's Club Minnesota offers free cancer support for everyone impacted by cancer. Learn how you can be a part of the community today. (612) 227-2147 gildasclubmn.org

Hope Chest for Breast Cancer provides financial relief for breast cancer patients in Minnesota. 952-471-8701 hopechest.com

Jack's Caregiver Coalition is a non-profit on a mission to improve the way guys think, feel, and act through every phase of their caregiving journey. While the purpose of their work is centered on guy caregivers, they also offer a variety of coed programming opportunities. 612-547-6929 jackscaregiverco.org

Jasper Health offers a smart companion for your cancer care. Organize your schedule, track your medications and symptoms, and access cancer care navigation support—all in one place. hellojasper.com/members

Living Beyond Breast Cancer connects people with trusted breast cancer information and resources, real stories, and a community of support. (855) 807 6386 lbbc.org

Metastatic Breast Cancer Alliance (MBC Alliance) Connect to powerful resources and make progress toward cures through our alliance of leading organizations, industry partners and advocates, focused on metastatic breast cancer. mbcalliance.org

METAvivor is a national program that focuses on funding research and providing support for those facing metastatic breast cancer. metavivor.org



National Breast Cancer Foundation NBCF's mission is to help women now by providing help and inspiring hope to those affected by breast cancer through early detection, education and support services. nationalbreastcancer.org

The **National LGBT Cancer Network** works to improve the lives of LGBT cancer survivors and those at risk by: educating the LGBT community about our increased cancer risks and the importance of screening and early detection training health care providers to offer more culturally-competent, safe and welcoming care; and advocating for LGBT survivors in mainstream cancer organizations, the media and research. 212-675-2633 cancer-network.org

Project Life welcomes you to a new kind of thrivership program for people living with metastatic breast cancer and their loved ones. Our online wellness house is a space to find a mentor, meet other MBC thrivers, and explore classes and resources that support you; mind, body and spirit. projectlifembc.com

Sharsheret is a Jewish organization that helps those who are facing breast cancer or ovarian cancer with one-on-one support as well as a peer support network. They also offer resources for financial assistance, address side effects from cancer treatments, and have resources for those who want to find out more about their heritage and connection to familial cancers. 866-474-2774 sharsheret.org

The Negative Space shines a light on the realities of caregiving, offers direct services to caregivers and provides education and tools to those who support caregivers. They are changing the way caregivers are seen and supported. thenegativespace.life

Young Survival Coalition (YSC) strengthens the community, addresses the unique needs, amplifies the voice and improves the quality of life of young adults (age 40 and under) affected by breast cancer, locally, nationally and internationally. 877-972-1011 youngsurvival.org
Minnesota (private) YSC Facebook group: facebook.com/groups/MNYSC



PRODUCTS & SERVICES

Angel Foundation's Angel Packs are a resource (free in Angel Foundation's Minnesota service area) filled with tools and activities to help families discuss cancer in an age-appropriate and comforting way. 612-627-9000 mnangel.org/adult-family-programs

Cleaning Up For Cancer provides free home cleanings to residents in the Minneapolis-St. Paul metro area who are currently undergoing cancer treatment. 612-232-6573 cleaningupforcancer.org

EBeauty works to improve the quality of life of women undergoing chemotherapy treatments through its Wig Exchange Program and Hospital Partnership Program. Their primary goal is to provide all women, regardless of economic status or location, access to wigs. 612-963-0701 ebeauty.com

Heide's Mastectomy Store is a place to shop privately for bras, breast prostheses, compression garments and maternity products for both women and men. Shop in Duluth and Edina, Minnesota or online. Edina Ph: 952-925-7837 shopheides.com

It's Still Me offers a private studio in St. Louis Park, MN, where women can receive a one-on-one nurturing consultation and find a fashionable wig. A large selection of synthetic and human hair wigs are available. 952-405-8671 itsstillme.com

Nedia Salon in Minnetonka, MN, has human hair and synthetic hairpieces and wigs to feel, touch and try on. Schedule your complimentary consultation with a hair loss specialist. 763-544-9126 thenedia.com

Open Arms prepares and delivers nourishing meals to critically ill Minnesotans and their families in need - 100% free of charge. 612-872-1152 openarmsmn.org

Pathways is a Minneapolis, MN, non-profit that provides resources and services for people with life threatening or chronic physical illness - as well as caregivers - to explore and experience complementary healing approaches. 612-822-9061 pathwaysminneapolis.org

Underneath It All has a large selection of breast forms, mastectomy bras, compression garments and so much more. Make an appointment at their boutique in Eden Prairie, MN with a certified Mastectomy and Compression Fitter. Monthly appointments also offered in Coon Rapids, Buffalo, Hutchinson, New Ulm, and Faribault also offered. 952-937-9252 underneathitall.com